GLUCOSAMINE SULFATE SUPPLEMENTATION


Med 1997 May;88(5):202-11

Williams & Wilkins. Basic Medical Biochemistry: A Clinical Approach. 1996;452-453

NATURAL ANTI-INFLAMMATORY


Glucosamine in Inflammatory Disorders


27-29 (ISSN: 1089-5159)

Gottlieb MS. Conservative Management of Spinal Osteoarthritis with Glucosamine Sulfate and Chiropractic Treatment. Journal of Manipulative

reversibility. Management rationally related to known genesis and pathophysiology. Sem Arthr

For patients with rheumatoid arthritis, lupus, other autoimmune inflammatory conditions, tendonitis, bursitis

Glucosamine Sulfate, MSM, Quercetin, and Bromelain enzymes (see resource section)

alone.

relieve arthritic pain and better manage osteoarthritic problems compared to glucosamine sulfate used

research investigation. There are no well-known side effects or drug-nutrient interactions for Quercetin. I

enzymes at supplemented doses (minimum 100-1500 mg per day). Although human studies with arthritic

adverse drug –nutrient interactions have been reported in the scientific literature to date.

also helps to break down fibrin (fibrinolytic), thereby minimizing local swelling. The usual dosage is 400mg,

white willow bark extract. It is important to realize that besides

content, yields 15mg of salicin per dosage). (A lower dosage can be used if part of a combination formula

absolutely contraindicated in patients with bleeding tendencies. Aspirin, NSAIDS, and non-food additive

feverish conditions. Studies indicate that many of these natural agents provide similar efficacy as conventional anti-

harpogoside. Devil's claw has demonstrated efficacy in

contains anti-inflammatory enzymes that have proven ability to suppress the inflammation

Other Joint and Muscle Conditions

contains oleo-resins that have shown clinical benefit in the management of various

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